

Thames Valley Orienteering Club

Saturday Series event details

Venue: **Kings Wood, High Wycombe**
Kings Wood School, Hollis Road, HP13 7UN. *(Note this isn't the same school as the last event in the woods)*

Date: **Saturday 18th November 2017**

Parking/directions: We are parking on the school's sports field, therefore please drive carefully on the field to avoid damaging the surface. We have arranged access to the school's toilets, but it is a junior/infant school, so expect the toilets to be rather small! We are collecting £1 per car for parking, to go to school funds.

Nearest Post Code: HP13 7UN, OS Grid SU885935

Registration: 10:00 to 11:30
Starts: 10:15 to 11:45 *Start whenever you want to.*
Courses close: **13:00** *Everyone to finish by this time and report back to download.*

Terrain: An intricate mainly deciduous woodland, with good contour detail on a 1:5000 map. Note fallen leaves may obscure some of the paths, so stay alert and bear this in mind when choosing your course difficulty! Lots of help for newcomers available as always.

Entry on the day: **£6 adults/family groups (£4 for TVOC or British Orienteering members); £2 juniors** (under 21) and **students**. Includes a detailed **waterproof map** (extra maps £1 each), hire of an electronic **timing chip** ("Emit") is included, but please do bring your own if you have one. **Free second runs** (please return your first map so we can reuse it) Please do bring a **waterproof**, and a **compass** is recommended (available to buy or loan)

Course	Length	Climb	Description + navigational difficulty (TD): 1 (easiest) to 5 (hardest)	Ideal for:
Yellow	1.6km	80m	TD2. Slightly less easy and a little longer - all controls on or near paths, more distance between controls with some navigational decisions.	Newcomers, families.
Orange	2.5km	105m	TD3. Longer, with more route choices. Medium navigational difficulty. Controls near paths or other line features (paths, walls, streams). Basic use of the compass and route choice.	Confident adult newcomers, families, experienced juniors.
Light Green	2.9km	85m	TD4. Navigation skills needed to find some of the controls, with more route choices too. For those moving up from Orange.	Improvers and upwards
Green	3.4km	155m	TD5. As tough a navigational challenge as the area allows. Expect a 25 min winning time for fast experienced orienteers	Experienced

Officials: Planner: **Peter Riches** Controller: **Mark Thompson** Mapper: **Yegor Kostylev, 2016**

More info: Visit our website at www.tvoc.org.uk
Say you're going on the Facebook event page via www.facebook.com/tvocclub
Or contact the organiser via publicity@tvoc.org.uk

New to orienteering?

An orienteering race doesn't follow a set route. Instead you have to visit a series of checkpoints (called "controls") and register each one with an electronic timing chip. The controls are marked by flags on the ground and may be along paths, earth banks, streams or anywhere in the woods/parkland. The challenge is to race between each one, choosing your own route between the checkpoints, using a very detailed orienteering map of the woods (which you get to keep too). Most newcomers start with a White, Yellow or Orange course. White is good for those with very young children; Yellow is good for newcomers and families, and Orange is ideal for runners or those looking for more of a navigational challenge. If a Red course is offered, it's ideal for runners looking for a trail run with a navigational challenge, which is not too difficult. Plenty of help will be available and we can help you choose a course on the day and explain what to do.

If you've enjoyed our events, why not join TVOC and get £2 off most O-races until the end of 2018. Plus lots of other benefits! Join online at: www.britishorienteering.org.uk/page/join_online