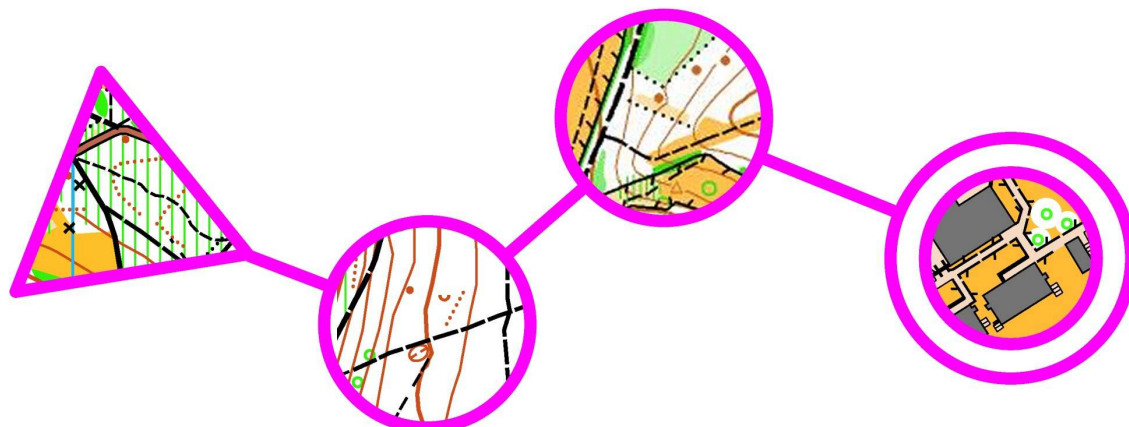


TVOC Schools Orienteering League

Thames Valley Orienteering Club has set up a new Schools Orienteering League, to be run at the series of TVOC Saturday morning events. Come and try it, and score points for your school!



What is the event format?

The events consist of a range of courses of increasing length and difficulty, referred to as 'colour-coded' – from white (very easy) to light green (fairly hard). To check which course is appropriate for you, see the rules page <http://www.tvoc.org.uk/schoolsleague.html>

When and where are the events?

The events are on Saturday mornings (and at some of our larger Sunday morning events) at various places in Bucks and Oxfordshire. Currently planned events for the 2011/2012 season are:

17th September 2011	Penn Wood, Penn Street
15th October 2011	Langley Park, near Slough
12th November 2011	Shotover Park, East side of Oxford
10th December 2011	Brill Common, Brill
7th January 2012	Hill End, near Oxford/Botley
11th February 2012	Wendover Woods, Wendover
24th March 2012	Park Wood, Walter's Ash
21st April 2012	Youlbury Scout Camp, near Oxford/Boars Hill
19th May 2012	University Parks, Oxford
16th June 2012	Green Park, Aston Clinton

Registration for all events is on the day from 10:00am, with starts from 10:30 to 12:00

Check the website (<http://www.tvoc.org.uk/>) for detailed directions and any changes before travelling.

I've never done orienteering before!

The Saturday events are designed to be suitable for beginners as training can be provided on the day. If a lot of beginners are coming to an event it is best to contact us in advance so that enough qualified coaches are available.

How much does it cost?

There is no league registration fee, simply pay the normal entry fee for the event - £1 for Juniors at Saturday events (slightly higher for the larger events on Sundays)

What equipment do I need?

You don't need any special clothing or equipment - just suitable outdoor clothes or running gear with full leg cover – shorts are not allowed. Don't wear your best trainers - you may get wet and muddy! Bring a compass and whistle if you have one; some can usually be borrowed from Registration.

How do we enter a team?

Just turn up at any Saturday morning event and register as a team member for your school. Your run will then score points for the school.

Can I run with someone else?

You can run in a pair if you like, although you would not get full points.

Who can I contact?

Organiser: Ian Buxton
<http://www.tvoc.org.uk/schoolsleague.html>
newsletter@tvoc.org.uk
tel: 01296 429829