

Final Details: Southern Area Championships 2011 at Hambleden. Sponsored by SAS

National (Level A) Event, incorporating:

- Southern Area Championships
- SCOA Championships
- Chiltern Challenge
- Rounds of:
 - Future Champions Cup
 - UK Cup
 - UK Masters Cup



DATE: Sunday March 13th 2011

VENUE: Hambleden Estate, near Hambleden, close to Henley-on-Thames

ELIGIBILITY RULES FOR SOUTHERN AREA CHAMPION TITLES:

From British Orienteering rules:

1.5 Eligibility

1.5.1 Eligibility for the English Area Championship titles awarded at these events is defined by the Association shown on the competitor's membership card:

- Southern = SWOA, SCOA, SEOA

If you have entered using a non-Southern Club name **and** the Association on your Membership card is SWOA, SCOA or SEOA, you **must** inform us that you are eligible for a Southern Area title. Contact us at hambleden2011@btinternet.com or on 07767 362805.

DIRECTIONS:

Car Park in large field just off the A4155, approximately 2 miles N. of Henley-on-Thames (5.5 miles W. of Marlow). Car Park will be signed from Henley on the A4155.

Note: a cycle race is taking place between Marlow and Hambleden village on the morning of the event. PLEASE APPROACH THE EVENT FROM THE HENLEY DIRECTION.

If coming from the **M4 or M40** via the A404, **use the Henley exit from the A404** (and **not** the Marlow exit). Travel **south** of the River Thames along the A4130 towards Henley. Cross the river, drive through Henley and exit on the A4155 towards Marlow. **This route also allows for a safe left turn into car parking field.**

Entrance to field is at grid reference SU772855 (OS 1:50,000, sheet 175).

SatNav: Postcode: RG9 3AN. Specify route **via Henley-on-Thames**.

PARKING:

Park as directed. There is no Car Parking fee. Car parking, Arena area and Finish are all within the same large, grassed field area. Good access and parking for large vehicles.

EXIT: Exit is via entrance gate. Please turn left (towards Marlow) when exiting.

TERRAIN:

The area is classic Chiltern-style undulating slopes covered in mature beech or mixed deciduous and conifer. Brushings and undergrowth are limited. Where limited brambles patches exist, they are mainly in open areas in the north (visited only by the longer courses).

MAP:

Updated in 2010 and 2011 by Mark Thompson and John Farren (TVOC). Based on map used for National Event 2 in 2005. Printed on waterproof paper. All courses are pre-marked. Control Descriptions printed on map. Laser printed by Print5 by permission of British Orienteering.

Map scale and size will be 1:15,000 (A4) or 1:10,000 (A3 or A4) depending on course and class. See **Course Details** below for further information.

Contour interval: 5m

Please note:

- There are **many** dot knolls and rootstocks associated with wind blown trees around 1m in height on the estate. Often these occur in clusters in areas where trees have been blown over in storms. Generally, only rootstocks 2m (or higher) have been mapped unless they are particularly distinct. Dot knolls are only mapped where they are distinct.
- All depressions smaller than 10m in diameter are indicated by the “small depression” symbol

Full legends will **not** be printed on the maps. Legends will be available at Enquiries. Non-IOF symbols will be printed in the map legend as follows:

man made feature	x
distinctive tree	o
rootstock	x
horse jump	h
pump	o
log pile	x

OUT-OF-BOUNDS AREAS:

The following areas are all Out-of-Bounds:

- Pheasant Pens. These are marked as Out-of-Bounds and are surrounded by the symbol for high fence
- Settlements, properties, farm buildings, houses and gardens. These are marked as Out-of-Bounds in the usual Olive colour
- Any fields marked as Out-of-Bounds using the usual purple screen

All other areas on the map are in-bounds and may be crossed. This includes grass fields and rough open. Rough open includes maize planted as pheasant cover and **also may be crossed.**

FENCES:

All fences **not** overprinted with a “forbidden-to-cross” purple line may be crossed.

CONTROL DESCRIPTIONS:

Control Descriptions will be printed on the maps. Loose control descriptions will also be available in the Start lanes.

Pictorial control descriptions are used for all courses (except courses 14, 17 18 and 19 which use text).

The cross symbol (IOF symbol 6.1) is used to indicate a horse jump

DRINKS STATIONS:

There are two stations. They are marked on all maps. They are sited approximately 1/3 and 2/3 the way around courses 1, 2 3, 4 and 4A. These Drinks Stations are available to all runners.

COURSE DETAILS:

Please note that all premier courses are seeded according to British Orienteering rules.

Southern and SCA Championships, and Chiltern Challenge 2011									
Final Course Lengths									
March 13th 2011									
Course		Length	Climb	Map		M (E/L/A)	M (S/V/B)	W (E/L/A)	W (S/V/B)
				Scale	Size				
1		17.0	715	1:15k	A4*	21E			
2		10.9	390	1:15k	A4			21E	
3		13.6	510	1:15k	A4	21L			
4		12.1	425	1:15k	A4	35L 40L			
4A		12.2	440	1:15k	A4	20E 18E			
5		9.5	280	1:15k	A4	20L, 18L	21S	21L	
6		8.4	240	1:15k	A4		35S 40S	35L 40L	
6A		8.7	255	1:15k	A4			20E 18E	
7		6.4	165	1:15k	A4		20S 18S 21V	20L 18L	21S
8		10.3	390	1:10k	A3	45L, 50L			
9		9.1	280	1:10k	A3	16A 55L 60L			
10		6.8	265	1:10k	A3	65L	45S 50S	45L 50L	
11		6.4	170	1:10k	A3	70L	55S 60S	16A 55L 60L	35S 40S
12		5.2	175	1:10k	A3	75L 80L	65S	65L 70L	20S 18S 21V 45S 50S
13		4.1	110	1:10k	A3		70S 75S 80S	75 80	55S 60S 65S 70S
14	Long Orange	6.9	240	1:10k	A3				
15		5.8	175	1:10k	A3	14A	16B		
16	Light Green	4.0	130	1:10k	A3			14A	16B
17	Orange	3.6	125	1:10k	A3	12A	14B	12A	14B
18	Yellow	3.2	110	1:10k	A4	10A	12B	10A	12B
19	White	2.6	55	1:10k	A4		10B		10B

* M21E maps will be double-sided

28-Feb-11

Courses 18 and 19 (including Yellow and White) include a short taped section

INFORMATION FOR ELITE COURSES ONLY:

M/W21E courses will be seeded and allocated Start Times according to British Orienteering rules by the Elite Competitions Group.

M21E maps are double sided

Radio Controls are in use on **all** Elite courses (M/W18/20/21E). A radio symbol will be included in the control descriptions for these courses.

Drinks Stations. There are two Drinks Stations. They will be marked on the map. One in the north of the area, and one in the south west, at approx 1/3 and 2/3 of all elite courses.

TOILETS: There will be **two sets of toilets**. One block will be S. of the Arena area. A second (smaller) block will be between the Car Park and the Start. There are no toilets at the Start.

ENQUIRIES:

There will be an Enquiries tent in the Arena area. Come to this tent if you have any questions or queries.

An example EMIT electronic punch, and map legends will be available at Enquiries.

KEY SAFE:

A Key Safe will be available for car keys at Enquiries. For safety reasons we recommend all orienteers travelling alone use the Key Safe.

ELECTRONIC PUNCHING:

EMIT electronic punching system will be used for all courses. A sample control will be available at Enquiries. Please ask for a demonstration if you are unsure how to use the system.

If you are not hiring an EMIT card, you may proceed directly to the Start.

To ensure correct “punching” competitors **must** touch the EMIT control unit correctly with their EMIT card. Competitors are encouraged to use back-up cards, and to press their EMIT cards down onto the control unit to ensure that they register a pin mark at each control. Competitors whose EMIT cards do not show that they have visited a control will **only** be reinstated with evidence from the back-up card.

Back-up cards for those not hiring EMIT cards may be collected at Registration and at the Start

EMIT HIRE CARD COLLECTION POINT:

An EMIT Card Collection Tent will be in the Arena area for collection of hired EMIT cards. EMIT Card Collection will be available from 9:45am until 12:30pm. If you are not hiring an EMIT card you can go straight to the Start.

ENTRY ON THE DAY:

The following colour coded courses will be available for entering on the day:

- String Course
- White
- Yellow
- Orange
- Long Orange
- Light Green

Entry fees will be as follows:

- String Course
 - Free of Charge
- White and Yellow courses:
 - Adults: £6 for qualifying members of British Orienteering (£8 for others)
 - Juniors: £4
- Other EOD courses:
 - Adults: £8 for qualifying members of British Orienteering (£10 for others)
 - Juniors: £6
- EMIT Card Hire: £1

There will be no Entry on the Day for age-based courses. Results from Entry on the Day will **not** be used for ranking or competition purposes.

REGISTRATION FOR ENTRY ON THE DAY:

There will be a Registration tent in the Arena area for Entry on the Day. Please fill out a Registration Form and take it to the Registration tent.

Registration will be available from 10am until 12 noon. Starts will be available from 10:30 to 12:30.

You will be provided with a slip of paper stating your start time. This slip of paper **must** be taken to the Start and handed to the Start team. For Entry on the Day competitors, **no start time slip, no go**. This slip of paper is our backup record that you have started a course and are in the forest.

STRING COURSE:

A free String Course will be in the SW corner of the estate. The route to the String Course Start is through the Arena area and south of the Finish. Go straight to the String Course to register.

START and START TIMES:

Start Times will be available as follows:

- From www.fabian4.co.uk from 10pm Wednesday 9th March. (Note that **provisional** start times are already being shown on Fabian4. These remain subject to change until 10pm on 9th March).
- From the TVOC web site at www.tvoc.org.uk
- In the Arena area
- At the Start

We will inform postal entrants of their start times directly.

It is your responsibility to confirm your start time after 9th March, and to ensure you arrive at the event in plenty of time for your start.

If you are hiring an EMIT card, remember to collect it from the EMIT Hire Collection Tent in the Arena area **before** going to the Start.

You may proceed directly to the start if you are using your own EMIT card.

The Start is 1.1km from the car park (with a short climb of 40m). Allow 20 minutes to walk to the start to arrive in good time for call-up. Route to the Start leaves via the NE corner of the car park. Please respect the privacy of householders as you pass their properties.

There will **not** be a clothing transfer back to the Arena area.

Part of the route to the start **may** be used by some M21E competitors on their courses. It will be on the climb and they will be ascending. Please keep to the left hand side of the track allowing any elite competitors to pass on the right.

The Start is a **Timed Start**. Please ensure you arrive at the event, and at the Start, in plenty of time.

Make sure you remember which **course number** you have entered.

Call-up will be **-4 minutes**.

- At -3 minutes loose Control Description sheets will be available
- At -2 minutes blank maps will be available to view

If you arrive late, you will be directed to the Late Starters lane, and will have to await a free start slot for your course. Note that on some courses, this may necessitate a long wait. **Start times will not be adjusted** (see below).

Please follow the instructions of the Start officials. Refusal to do so will result in disqualification.

Anyone who believes they have a valid reason to have their start time adjusted must go through the standard complaints process (see COMPLAINTS AND PROTEST below). Neither Start nor Download officials can authorise this adjustment (British Orienteering Rule 8.1).

WARM-UP AREA: Provided to N. of the car park.

FINISH AND DOWNLOAD:

The Finish and Download are all within the Arena area.

Competitors should check their results after downloading. Any queries must be made before courses close.

Water will be available at the finish. Please do not take drinks into the Download tent.

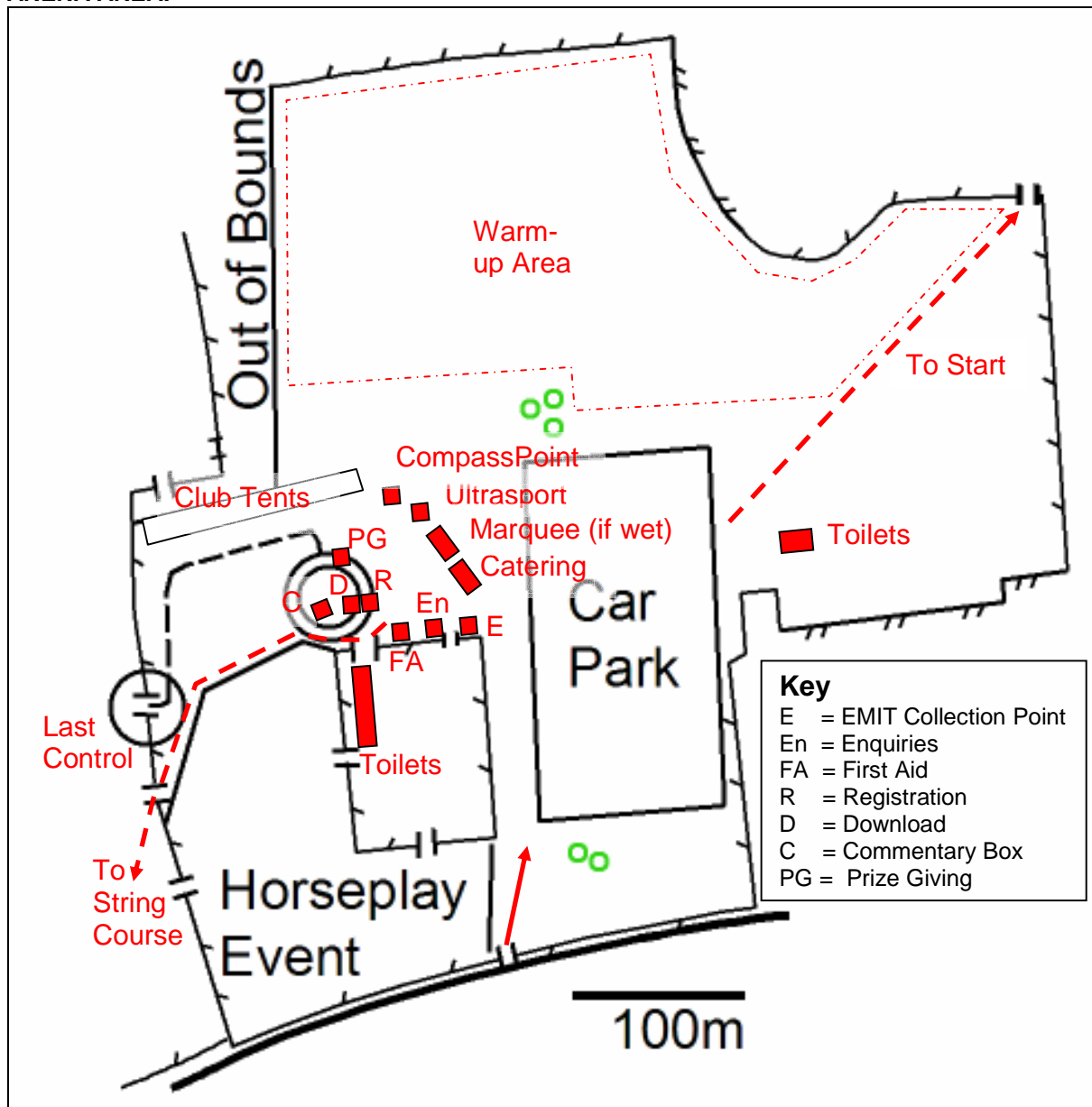
If maps are not collected, **please do not to show your map to competitors waiting to run.**

You **MUST** download, **even if you retire.**

COURSES CLOSE: Courses close at **3:30pm.**

COMPLAINTS AND PROTESTS: Any competitor with a complaint should make it to the Organiser. If they are not satisfied with the Organiser's decision on the matter, they can make a protest in writing using the form obtainable from the Organiser.

ARENA AREA:



Arena area, Finish, and usual range of facilities will be located adjacent to the car park.

The following facilities will be available in the Arena Area:

- First Aid Post (with Ambulance cover)
- Area for club tents
- Commentary
- EMIT Card Collection point
- Enquiries
- Registration
- Traders (both Ultrasport and Compass Point)
- Finish
- Download
- Results
- Marquee (if poor weather is forecast)
- Catering

Catering is provided by the Hambleden estate's own mobile catering unit. This outlet provides a range of delicious **very** local food such as beef and pheasant rolls, burgers, drinks etc. Vegetarian options also.

The following will be available for viewing in the Arena area:

- Blank copies of map
- Start Lists
- Results
- Results from the JOK Chasing Sprint

FIRST AID:

The First Aid Post is at the S. side of the Arena area, close the Finish. Qualified First Aiders from Abingdon Venture Rescue will be stationed there. An ambulance and staff provided by a2b medics will also be in attendance throughout the day.

COMMENTARY:

Full commentary throughout the event will be provided by Ed Nicholas, Graeme Ackland and Mike Edwards, supported by Colin Duckworth.

AWARDS PRESENTATION CEREMONY:

There will be a Trophy and Awards Ceremony for 1st, 2nd and 3rd places for those eligible for the Southern Championships. There will also be an award for 1st place competitors in all the premier courses. This will be conducted in the Arena as soon as winners have been confirmed, and hopefully by 2:30pm.

Awards will be presented by Graham Wheeler from TVOC and Richard Lloyd-Hart, and hopefully a representative from our sponsors, SAS.

Graham Wheeler and Richard Lloyd-Hart were founder members of Aylesbury Orienteering Club after they met in 1968 at an event at Halton. Subsequently, Aylesbury, Oxford and Chiltern Orienteering Clubs merged to form TVOC. Graham came 4th in what must have been the first ever event at Hambleden, the Southern Championships held in 1970. Graham went on to be a regular member of the English and GB squads, competing, for example, at the World Championships in 1972.

Could 2010 trophy holders please return their trophies to Enquiries **before** they run.

RESULTS

Results will be posted at www.tvoc.org.uk and www.emituk.com on the evening of the event.

DOGS:

Well-behaved dogs allowed on their leads in car park and Arena area. Dogs are **not** allowed in the forest. Please clean up after your dog.

SAFETY CONSIDERATIONS:

The following are key safety considerations:

- **All competitors take part at their own risk and are responsible for their own safety**
- There are some areas of open water on the estate. Please keep clear of such areas
- Trip Hazards.
 - Wire cages are in place on the perimeter of many of the pheasant pens and are not always easy to see. Take care near these pens

- There is some discarded fencing material in the forest. These hazards will not be marked and it is the competitor's responsibility to look where they are putting their feet
- Part of the route to the start **may** be used by some M21E competitors on their courses. Keep to the left hand side of the track, allowing any elite competitors to pass on your right
- We recommend all competitors travelling alone use the Key Safe at Enquiries
- Full leg cover is obligatory.
- We recommend that all competitors carry whistles with them whilst out on their courses
- If very poor weather is forecast, we reserve the right to insist on the carrying of whistles and cagoules.
- Some footpaths and bridleways cross the estate. Please take care and be courteous to walkers, cyclists and horse riders you may come across
- Safety bearing is **south**
- **COURSES CLOSE AT 3:30PM.**
- **YOU MUST GO TO DOWNLOAD (EVEN IF YOU RETIRE)**

You may encounter other safety hazards. Competitors must take care at all times.

HORSEPLAY EVENT ON SATURDAY MARCH 12th:

The Hambleden Estate is hosting a "Horseplay" running race through the estate on the previous day (12th March). The Horseplay event infrastructure will be being dismantled on the day of our Orienteering Event. Whilst their infrastructure is separate to our own, please avoid interfering with their activities.

OFFICIALS:

Organiser: John Dalton (TVOC)
hambleden2011@btinternet.com
 07767 362805

Planner: Steve Long (TVOC)

Controller: Peter Brett (DEVON)



www.tvoc.org.uk

ACKNOWLEDGEMENTS:

TVOC are very grateful for the support of the landowner, Mr Urs Schwarzenbach, along with the management and staff of the Hambleden estate. Particular thanks goes to Lisa Hughes and Alex Dick from the estate, who have bent over backwards to support this event. We are also grateful to all householders on the estate, and particularly the Jolliffes, for their support and understanding of the event.

SAS, our sponsors:

We are delighted to acknowledge the support provided by SAS to this event.

SAS is the leader in business analytics software and services, and the largest independent vendor in the business intelligence market.

Through innovative solutions delivered within an integrated framework, SAS helps customers at more than 50,000 sites improve performance and deliver value by making better decisions faster. Since 1976 SAS has been giving customers around the world THE POWER TO KNOW®



SAS' UK head offices were established in the Buckinghamshire countryside between Marlow and Hambleden in 1985. SAS is an extremely highly respected local employer and now has over 500 staff working in its four offices. For more about SAS see <http://www.sas.com/offices/europe/uk/>

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