

# Chiltern Challenge – Sunday 14 February 2010

## Final details

- Location** Sue Ryder Care Hospice, Nettlebed, Oxfordshire.RG9 5DF  
GR SU702865.
- Parking** In the grounds of the hospice. £1.00 per car donation. Park as directed by marshals.
- Terrain** A mixed forest, with some beautiful runnable beechwoods. Hilly north of the A4130 and gentler to the south.  
The area near the north start contains many ponds and depressions. As of two weeks before the event, the water level is higher than when this area was mapped. Hence ponds may appear larger on the ground than on the map, and marshes and depressions may contain standing water. Control sites are unaffected.
- Maps** 1:10,000 on A3 size waterproof paper.  
A4 size on Green, Short Green, Orange, Yellow and White.
- Control Descriptions.** Control descriptions are printed on the map. Loose descriptions will be provided in the start lanes.  
Control descriptions are written for white, yellow, orange and long orange, and pictorial for the other courses.
- Please read as it contains important information**
- North start only!** Owing to the extra controls needed to direct competitors round out-of-bounds areas, the descriptions for the black, brown and short brown courses are respectively 24.3, 22.6 and 18.7cm long (including 2.3cm for headings, run-in etc.). These may not fit into your description holder. They have therefore been printed on waterproof paper: they should not disintegrate if you have to turn them over mid-race, and they are suitable for carrying on a loop of string.
- A hole-punch will be provided at the north start. Please bring your own string: by preparing it in advance you won't have to worry about trying to cut it to the right length in the start boxes.
- Courses**
- Please read especially the limitations on fields and Fences.**
- Road Crossing.** Courses from the **north start** (black, brown and short brown) cross the A4130. See the safety message below. The crossing will be marshalled and there will be a control either side of the road. The time between the two controls, up to 90 seconds, will be removed from your overall time. The time allowance should be ample to make the crossing but you will probably have to jog to and from the road. This is not an opportunity for a rest.
- Fields and Fences.** At the landowners' request, controls have been added to direct runners around the fields and to cross fences at stiles. Most fields are out of bounds and are marked as such with vertical purple lines. The purple lines between controls have been either broken or diverted round these fields. If your purple line crosses a grassy area, so may you. Courses from the north start (black, brown and short brown) may encounter a cricket field. This is in bounds except for the cricket square in the centre, which is fenced off and mapped out of bounds.
- Safety**
- Competitors on the A4130 crossing near Bix should be aware this is an extremely dangerous stretch of road.** Please be extra vigilant for your own safety and obey the road crossing marshals without question.
- Please exercise caution proceeding to the starts and returning from the finish as again you will be crossing roads. Marshals will be on duty to assist.
- On the short blue course competitors will have to run approximately 100m along a moderately busy road to get between two blocks of forest. The speed limit on the road is 30 mph at this point and the route will not be marshalled. Please stay on the pavement.
- Starts**
- Start times** are from 10.00 to 12.30. Allocated start times are on the [www.fabian4.co.uk](http://www.fabian4.co.uk) website. We are using a block starting time system in 30 minute blocks from 10.00 until 12.30. There are 2 starts. Both starts are about 8 minutes easy level walk from the car park. Both must cross busy roads. Take care. Call-up will be 3 minutes before start time. Please arrive within your allocated time block. You may need to queue. EOD entrants must bring their registration slip and hand to the start team.  
Follow signs from the car parking to the starts.

**For the north start** walk north past the main house to the pedestrian exit gate and continue north following signs.

**For the south start** walk against the flow of incoming cars to the gate then follow signs.

**Late online entries & Entry on the Day** until map stocks run out  
**Emit EPS**

Seniors £13.00: Juniors/Students £4.00. £2.00 discount BOF senior entrants.  
Long Orange & White £8.00 senior £3.00 junior.  
Collect an EOD registration slip, fill it in and take to the registration point.  
Late online entries close 9 Feb. Late postal entries now closed  
EMIT electronic punching system is being used throughout.

**Finish**

You must punch the finish control. Please then go immediately to download. DO NOT return to the car park. Report to download even if you retire from your course.

**Results.**

Results will be published after the event on the TVOC website.

TVOC now has a Routegadget account. Look out for the link on the results page after the event.

**Facilities**

Toilets, Ultrasport, Red Barron catering and first aid in attendance.

**Dogs**

In the hospice grounds keep dogs away from the house as well as under control near the cars. In the woods they must be on a lease.

**String**

A free string course is available within the grounds near to the car park and traders.

**Cancellation policy**

In the event of severe weather and a possibility of cancellation keep yourselves informed by checking out the TVOC website. [www.tvoc.org.uk](http://www.tvoc.org.uk)

**Disclaimer**

There are risks involved when taking part in orienteering. You must be fully aware of those for your own safety. TVOC will not be held responsible for any losses sustained by persons taking part in this event.

**Course details. All maps are scaled at 1:10,000**

Course	Distance km	Climb m	Controls	Start	Map Size	Control Descriptions Length (cm)
Black	12.6	250	37	North	A3	24.3
Brown	10.7	185	34	North	A3	22.6
Short Brown	8.8	165	29	North	A3	18.7
Blue	7.0	120	24	South	A3	16.4
Short Blue	5.7	65	22	South	A3	15.3
Green	4.6	70	20	South	A4	13.5
Short Green	3.7	45	16	South	A4	11.4
Long Orange	6.2	95	20	South	A3	12.0
Orange	3.3	50	10	South	A4	6.6
Yellow	2.5	40	12	South	A4	7.6
White	1.5	25	8	South	A4	5.7

**Courses:** Competitors may enter any course. The courses, draft lengths and suggested age classes are:

Black	12Km	M21	Technically hard
Brown	10Km	M35, M40	
Short Brown	8.5Km	M18, M20, M45, M50, W21	
Blue	6.5Km	M16, M55, M60, W35, W40	
Short blue	5.5Km	M65, W18, W20, W45, W50	
Green	4.5Km	M70, W16, W55, W60	
Short Green	3.5Km	M14, W14, M75, M80, W65, W70, W75, W80	
Long Orange	6.0Km	-	Moderate
Orange	3.0Km	M12, W12	Moderate
Yellow	2.5Km	M10, W10	Easy
White	1.5Km	-	Very Easy