

Thames Valley Orienteering Club Regional event – 10 February 2008

FINAL DETAILS

Travel Directions

The car park will be on a flat firm field in Naphill village. It can be approached from the centre of High Wycombe by taking the A4128 north passing Hughenden Manor on the left hand side then taking a left turn signed Naphill after a further 1.3 km. The parking will be signed on the left after 1km on entering Naphill Village. A road marshal will be on duty at the turning for the car park. The grid ref for the car park is SU 854965 and is down Church Lane.

Parking

Please park as directed. There is a **£1.00 parking fee**. Avoid exit until after 12.30. Please have correct money ready to drop in to the bucket.

Registration & Enquiries.

Anyone who has pre-entered, paid and has their own emit card may go straight to the Start (allow 25 minutes from Registration). Anyone who has pre-entered but requires an emit card or has not paid should do so at Registration before going to the Start.

All others (EOD Badge and Colour Coded entrants) should complete the registration form, which will be handed to them on entry to the car park and take this to Registration. A card will be issued to all 'entry on the day' runners, which will acknowledge payment and show your start time. You must produce this card at the start.

Emit electronic punching will be used for all courses. E-card hire (£1.00) at Registration. Lost cards will be charged at £35.00. Registration will be open from 09.30 to 12.00. Starts from 10.00 to 12.30. Runners who have pre-entered and requested hired emit cards will have pre-allocated card numbers and these will be issued from registration.

Entry Fees. **Regional Event.** Seniors £10.00; Juniors £5.00. Non-BOF add £2.00 for seniors
Colour Coded. Seniors £5.00; Juniors £2.50. Non-BOF seniors add £2.00 seniors.
Hire of 'E-card'. Add £1.00. £35.00 charge for non return.

String Course.

A free String Course is located approx. 1km away from the parking near to the woods and the NW finish. The route to/from the String Course is suitable for pushchairs but the String course itself is not.

Facilities

Red Cross First Aid, Toilets, Ultrasport and caterer will be located in the car parking field. Results display and drinks will be available adjacent to Download.

Terrain.

The area is typical Chiltern woodland on a chalk escarpment. Some paths may become slippery in wet conditions. The courses 1 – 3 are required to cross a main road. Crossing points will be controlled and the marshal's instructions are to be followed. Also, those courses **must follow** a taped route across a sensitive SSSI area which is, apart from the corridor, out of bounds. All other fields are accessible unless marked otherwise. The paths on courses 12 and white could be muddy and have un-drained surface water in places. This is especially so after rain.

Start Procedure

There is one Start for all courses. Course 12 and White course runners will check-in at the same point then be separated into their own starting lane. Allow **25 minutes easy walk** from Registration. Runners will be called forward at –3 minutes. A punching start will operate. If you turn up late for your start time you will be permitted to start when a suitable slot becomes available. Name and e-card number will be checked at –3 minutes. Blank maps will be available for inspection at –2 minutes. Courses 11 and 12 plus white and yellow will collect their maps before the start. Start lists will be displayed at Registration and also at the start.

Finish Procedure, Download & Results

There are 2 Finishes. **Courses 1 – 4** will use the SE finish. **All other courses** use the NW finish, which is adjacent to the string course. The route back to Download (approx. 15 mins walk) for both will be taped. Download is adjacent to Registration. **Drinks** will be provided at this point.

Please ensure you Download before leaving, even if you have not completed your course.

Provisional results will be displayed on the day, thereafter on TVOC website – www.tvoc.org.uk

Map

Courses 1,2 & 3 use 1:15000 scale maps. All others will be at 1:10000. They will be printed on A3 size waterproof paper with 5m contours. Drawn 2006 with minor updates winter 2007/8. Plastic bags will NOT be provided.

Special symbol: X = Hide

Control Descriptions

Control descriptions will be printed on the front of the map and loose descriptions will be available at enquiries.

Please note that pictorial descriptions will be used for courses 1 – 9. Courses 10 –12 and colour coded will have written descriptions.

COURSES.

Please note that courses 1 – 3 cross a busy road out and back. Take care and obey marshal's instructions

Course	Dist	Climb	Controls	Scale	Classes										
1	11.1k	270m	20	1:15,000	M21L										
2	9.5k	250m	19	1:15,000	M35L	M40L									
3	7.8k	185m	17	1:15,000	JM5L	M21S	M45L	M50L	W21L						
4	6.1k	125m	15	1:10,000	JM5M	M35S	M40S	M55L	M60L	W35L	W40L	JW5L			
5	5.1k	60m	17	1:10,000	M45S	M50S	M65L	W21S	W45L	W50L	M21V				
6	4.5k	45m	17	1:10,000	JM5S	JW5S	M55S	M70L	W35S	W40S	W55L	W60L			
7	3.8k	30m	14	1:10,000	M60S	M65S	M75L	W45S	W65L	W70L	W21V				
8	3.3k	15m	12	1:10,000	M70S	M75S	W50S	W55S	W60S	W65S	W70S	W75L	M80		
9	3.5k	20m	10	1:10,000	JM4	JW4									
10	3.0k	15m	9	1:10,000	JM3	JW3									
11	2.5k	15m	10	1:10,000	JM2	JW2									
12	1.3k	5m	8	1:10,000	JM1	JW1									
Light Green	3.5k	20m	10	1:10,000											
Orange	3.0k	15m	9	1:10,000											
Yellow	2.5k	15m	10	1:10,000											
White	1.3k	5m	8	1:10,000											

A limited number of badge courses will be available for entry on the day (no guarantee it will be yours. Check the online site for availability – www.ntrees.co.uk) as well as Light Green, Orange, Yellow & White colour coded. Due to planning constraints there will be **no Red course.** **All courses close at 3pm.**

Clothing dump will be near the start and all clothing will be transported back to the download area for collection.

Dogs are allowed in the car park and woods.

Horses use the woods. Be courteous to the riders and aware that your sudden presence may startle the horses.

Entry Queries

Any entry queries and last minute details are to be directed to the Organiser: Tel 01494 534972

Instructions in the event of bad weather making the original parking field un-useable

Road signage may be the only information you will receive. Signs will be on your original route to the venue so if the atrocious wet weather returns keep a lookout for diversion signs. Regrettably this option necessitates a longer walk to the start and will only be used as a last resort. IN THE EVENT OF CANCELLATION THE ORGANISERS RESERVE THE RIGHT TO RETAIN PART OF THE ENTRY FEE TO COVER COSTS.

Officials

Planners: Neville Baker (TVOC)
Controller: Keith Downing (SMOC)
Organiser: Fred Ashford (TVOC)